

**J. Jason Wendel, M.D.**

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# Recovery Instructions

**EARLOBE REPAIR | EARLOBE REDUCTION SURGERY**

You have had a procedure that required sutures (stitches) to close the wound. These will remain in the skin for about 10-14 days, depending on Dr. Wendel's discretion.

**Instructions**

Follow directions for all your medications carefully.

Do not drink alcohol while taking narcotic pain medications.

No submerging incisions under any type of water including but not limited to the ocean, pools, hot tubs, and baths for 4 weeks.

**Incision Care**

Keep the wound and sutures clean, dry and inspect daily for signs of infection.

After 24 hours, you may wash the area gently with mild soap and water, unless instructed otherwise.

Avoid soaking the area while sutures are in place. Baths are okay.

You may be directed to apply a medication and dressing to the wound.

Be sure to ask any questions about your care so that you can perform these dressings at home.

**When To Call**

If you have increased swelling or bruising.

If swelling and redness persist after a few days.

If you have increased redness along the incision.

If you have severe or increased pain not relieved by medication.

If you have any side effects to medications; such as, rash, nausea, headache, vomiting.

If you have an oral temperature over 100.4 degrees.

If you have any yellowish or greenish drainage from the incisions or notice a foul odor.

If you have bleeding from the incisions that is difficult to control with light pressure.

If you have loss of feeling or motion.

**Managing Refill Prescriptions**

For prescription refills, please contact our office during business hours (615) 921-2100 Monday through Thursday, 9 a.m. to 5 p.m. and Friday, 8 a.m. to 12 p.m.

PLEASE NOTE: We are unable to refill pain medication of any kind after hours or on weekends.

Messages received after hours or on weekends will be processed the next business day.

**For Medical Questions, Please Call:**

(615) 921-2100 Monday through Thursday, 9 a.m. to 5 p.m. and Friday, 8 a.m. to 12 p.m. After hours and on weekends, the answering service will contact Dr. Wendel or the plastic surgeon on call.