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**Pre-Procedure
Instructions**

PREPARING FOR YOUR MORPHEUS 8 TREATMENT

Avoid NSAIDs or other anti-inflammatories (ie: Ibuprofen, Aspirin, Aleve, Mobic, Celebrex, etc.) for 1 week prior to treatment.

Avoid antihistamines (ie: Zyrtec, Claritin, Allegra) on the day of your procedure, as well as 2-3 days after.

If we are treating the face or anywhere around the mouth and you have a history of cold sores, please inform your provider as soon as possible so that they can provide you with a prescription for prophylactic antiviral.

If we are treating anywhere on the face, ***please come to the office with a clean face. No makeup.***

If we are treating an area on the body, ***please wear loose, comfortable clothing.*** You will leave the office with ointment on the treated area(s).

For questions or concerns, please do not hesitate to call, (615) 921-2100. We are open Monday-Thursday 9:00AM – 5:00PM & Friday 8:00AM – 1:00PM.