Aftercare Instructions

MORPHEUS8 RF MICRONEEDLING

What to Expect After Treatment:

Immediately after treatment, you will be red for 1–3 days. However, for more aggressive treatments this may last longer.

Slight to moderate swelling and mild to moderate sunburn sensation are also common post treatment and may last 1-3 days. Skin may crust and peel for 2-7 days depending on treatment aggressiveness. It is not uncommon to have some slight itching during the healing process.

How to Care for Treated Area(s):

You will leave our office with topical ointment on the treated area(s). Starting the night of your procedure and for 2-3 days:

- Wash the treated area(s) with a gentle cleanser (Wendel Foaming Cleanser, Cetaphil, CeraVe). Avoid scrubbing, exfoliating, or picking.
- After cleansing, use Restorative Ointment for 2 days. On day 3 switch to Post Procedure Repair Complex, followed by additional recommended moisturizer.
- Avoid Retinols and any other skin care for 48 hours.
- Avoid sun exposure for at least 48 hours to reduce the chance of hyperpigmentation.
- After 48 hours, start using a mineral sunscreen (SPF 30+) at all times.
- You may wear makeup 48 hours after treatment.

For questions or concerns, please do not hesitate to call, (615) 921-2100. We are open Monday-Thursday 9:00AM – 5:00PM & Friday 8:00AM – 1:00PM.