

J. Jason Wendel, M.D.

Dr. J. J. Wendel Plastic Surgery
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Instructions

PRP Microneedling**Instructions**

Clean your skin thoroughly prior to arriving at the office or prior to treatment.

Appearance

Improved skin tone and texture, reduction of hyperpigmentation, fine lines and wrinkles.

Follow-Up Care

- Expect slight redness that will dissipate over 10-30 minutes.
- Do not cleanse your face the first night.
- Add Hyalis serum to your face without washing to give more hydration throughout the evening as much as you like.
- Apply TNS Recovery AM/PM for the next 5 days (and follow this routine after each treatment).
- Gentle cleanser in AM, no retinols or retin-A for first 24 hours.
- Resume normal skin care, and daily sunscreen!

When to Call

- If you have increased swelling or bruising.
- If swelling and redness persist after a few days.
- If you have increasing redness in the treated area.
- If you have severe or increased pain not relieved by medication.
- If you have any side effects to medications such as, rash, nausea, headache, vomiting.
- If you have an oral temperature over 100.4 degrees.
- If you have any sign of infection, open sores, skin peeling or lumpiness.

For Medical Questions, Please Call (615) 921-2100

Our office is open Monday-Thursday 9:00 AM-5:00 PM and Fridays 8:00 AM-1:00 PM. After hours and on weekends, the answering service will contact Dr. Wendel or the plastic surgeon on call.