PRP Microneedling
Instructions
Clean your skin thoroughly prior to arriving at the office or prior to treatment.

Appearance
Improved skin tone and texture, reduction of hyperpigmentation, fine lines and wrinkles.

Follow-Up Care
- Expect slight redness that will dissipate over 10-30 minutes.
- Do not cleanse your face the first night.
- Add Hyalis serum to your face without washing to give more hydration throughout the evening as much as you like.
- Apply TNS Recovery AM/PM for the next 5 days (and follow this routine after each treatment).
- Gentle cleanser in AM, no retinols or retin-A for first 24 hours.
- Resume normal skin care, and daily sunscreen!

When to Call
- If you have increased swelling or bruising.
- If swelling and redness persist after a few days.
- If you have increasing redness in the treated area.
- If you have severe or increased pain not relieved by medication.
- If you have any side effects to medications such as, rash, nausea, headache, vomiting.
- If you have an oral temperature over 100.4 degrees.
- If you have any sign of infection, open sores, skin peeling or lumpiness.

For Medical Questions, Please Call (615) 921-2100
Our office is open Monday-Thursday 9:00 AM-5:00 PM and Fridays 8:00 AM-1:00 PM. After hours and on weekends, the answering service will contact Dr. Wendel or the plastic surgeon on call.