There are no activity restrictions with this treatment.

**Treated Area Care**
- Avoid prolonged exposure to the sun.
- Always use a strong sunblock, if sun exposure is unavoidable (SPF 30 or greater).
- Check daily for signs of infection. Infection is rare.
- You may wear makeup, foundation or concealer with sunblock protection.
- Stay out of the sun until redness and bruising subsides (usually 48-72 hours).
- Patients should avoid aspirin and non-steroidal anti-inflammatory drugs such as Aleve, Motrin, Advil, St. John’s Wort or high doses of Vitamin E supplements, fish oil, etc. for 7-10 days prior to injection because these substances will cause increased bruising or bleeding at the injection site.
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. A preventative antiviral medication may be prescribed in certain situations.
- Avoid strenuous exercise for the first 24 hours following treatment.

**What to Expect**
- Temporary stinging, throbbing, or burning sensation, redness, swelling, and minor bruising.
- Some swelling, bruising or redness in recipient sites; puffiness may last several days. Redness and bruising may last about 24-48 hours.

**Appearance**
Improved fullness in the lips and reduced lines and wrinkles around the mouth for up to one year in adults over the age of 21.

**Follow-Up Care**
- With regular follow-up treatments, you can easily maintain your new look.
- Repeat treatment as recommended by your advanced injector.

**When to Call**
- If you have increased swelling or bruising.
- If swelling and redness persist after a few days.
- If you have increasing redness in the treated area.
- If you have severe or increased pain not relieved by medication.
- If you have any side effects to medications such as, rash, nausea, headache, vomiting.
- If you have an oral temperature over 100.4 degrees.
- If you have any yellowish or greenish drainage or odor from the treatment area.
- If you have bleeding in the area that is difficult to control with light pressure.
- If you have loss of feeling or motion.
• If you have any sign of infection, open sores, skin peeling or lumpiness.

For Medical Questions, Please Call (615) 921-2100
Our office is open Monday-Thursday 9:00 AM-5:00 PM and Fridays 8:00 AM-1:00 PM. After hours and on weekends, the answering service will contact Dr. Wendel or the plastic surgeon on call.