

J. Jason Wendel, M.D.

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Aftercare Instructions

WRINKLE FILLERS – INJECTABLE FILLERS

There are no activity restrictions for this treatment.

Treated Area Care

Avoid prolonged exposure to the sun.

Always use a strong sunblock, if sun exposure is unavoidable (SPF 30 or greater).

Check daily for signs of infection.

You may wear makeup, foundation or concealer with sunblock protection.

Stay out of the sun until redness and bruising subsides (usually 48-72 hours).

Patients should avoid aspirin and non-steroidal anti-inflammatory drugs such as Motrin, Advil, St. John's Wart or high doses of Vitamin E supplements, etc. for 7-10 days prior to injection because these substances can cause increasing bruising or bleeding at the injection site.

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. A preventative antiviral medication may be prescribed in certain situations.

What to Expect

Temporary stinging, throbbing, burning sensation, redness, swelling, bruising, and excess fullness.

Some swelling, bruising or redness in recipient sites; puffiness may last several weeks. Redness and bruising may last about 48-72 hours.

Appearance

Improved skin texture; firmer and smoother skin.

Follow-Up Care

With regular follow-up treatments, you can easily maintain your new look.

Repeat treatment as recommend by Dr. Wendel or provider.

When to Call

If you have increased swelling or bruising.

If swelling and redness persist after a few days.

If you have increasing redness in the treated area.

If you have severe or increased pain not relieved by medication.

If you have any side effects to medications; such as, rash, nausea, headache, vomiting.

If you have an oral temperature over 100.4 degrees.

If you have any yellowish or greenish drainage or odor from the treatment area.

If you have bleeding in the area that is difficult to control with light pressure.

If you have loss of feeling or motion.

If you have any sign of infection, open sores, skin peeling or lumpiness.

For Medical Questions, Please Call:

(615) 921-2100 Monday-Thursday 9:00 AM-5:00 PM and Fridays 8:00 AM – 12:00 PM. After hours and on weekends, the answering service will contact Dr. Wendel or the plastic surgeon on call.