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# Instructions

## **MTS Roller™**

This derma roller can be used 3 to 5 times per week for at-home microneedling treatments. Your roller should last for 2-3 months using it 2-3 times per week.

## **Instructions**

1. Clean your skin thoroughly with cleanser.
2. Apply your Serum from your routine, a light coating to your face and neck.
3. Mildly roll the MTS Roller™ 10 times vertically, horizontally and diagonally to each section of your face.
4. Re-apply a light coating of your serum.
5. Optional: Apply the peptide Aqua Gel mask, leave on your skin for a minimum of 10 to 20 minutes. Once removed DO NOT RINSE. The excess moisture will be absorbed to hydrate your skin.
6. Be sure to clean the derma roller properly after each use with your cleaning solution.

## **Appearance**

Improved skin tone and texture, reduction of hyperpigmentation, fine lines and wrinkles.

## **Follow-Up Care**

- Expect slight redness that will dissipate over 10-30 minutes.

## **When to Call**

- If you have increased swelling or bruising.
- If swelling and redness persist after a few days.
- If you have increasing redness in the treated area.
- If you have severe or increased pain not relieved by medication.
- If you have any side effects to medications such as, rash, nausea, headache, vomiting.
- If you have an oral temperature over 100.4 degrees.
- If you have any yellowish or greenish drainage or odor from the treatment area.
- If you have bleeding in the area that is difficult to control with light pressure.
- If you have loss of feeling or motion.
- If you have any sign of infection, open sores, skin peeling or lumpiness.

## **For Medical Questions, Please Call (615) 921-2100**

Our office is open Monday-Thursday 9:00 AM-5:00 PM and Fridays 8:00 AM-1:00 PM. After hours and on weekends, the answering service will contact Dr. Wendel or the plastic surgeon on call.