

**J. Jason Wendel, M.D.**

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# Aftercare Instructions

**JUVEDERM VOLUMA XC**

There are no activity restrictions for this treatment.

**Treated Area Care**

Patients should avoid aspirin and non-steroidal anti-inflammatory drugs such as Aleve, Motrin, Advil, St. John's Wart or high doses of Vitamin E supplements, fish oil, etc. for 7-10 days prior to injection because these substances will cause increasing bruising or bleeding at the injections site.

Avoid prolonged exposure to the sun.

Always use a strong sun block, if sun exposure is unavoidable (SPF 30 or greater).

Check daily for signs of infection. Infection is rare.

You may wear makeup, foundation or concealer with sun block protection.

Stay out of the sun until redness and bruising subsides (usually 48-72 hours).

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence. A preventative antiviral medication may be prescribed in certain situations.

**What to Expect**

Temporary stinging, throbbing, or burning sensation, redness, swelling, and minor bruising.

Some swelling, bruising or redness in recipient sites; puffiness may last several days. Redness and bruising may last about 24-48 hours.

**Appearance**

Improved volume and fullness in the cheek for up to two years in adults over the age of 21.

**Follow-Up Care**

With regular follow-up treatments, you can easily maintain your new look.

Repeat treatment as recommend by advanced injector.

**When to Call**

If you have increased swelling or bruising.

If swelling and redness persist after a few days.

If you have increasing redness in the treated area.

If you have severe or increased pain not relieved by medication.

If you have any side effects to medications; such as, rash, nausea, headache, vomiting.

If you have an oral temperature over 100.4 degrees.

If you have any yellowish or greenish drainage or odor from the treatment area.

If you have bleeding in the area that is difficult to control with light pressure.

If you have loss of feeling or motion.

If you have any sign of infection, open sores, skin peeling or lumpiness.

**For Medical Questions, Please Call:**

(615) 921-2100 Monday-Thursday 9:00 AM-5:00 PM and Fridays 8:00 AM – 12:00 PM. After hours and on weekends, the answering service will contact Dr. Wendel or the provider on call.