

EXILIS INTIMA: VAGINAL REJUVENATION

General Information & Considerations

- Exilis Intima is an advanced collagen remodeling technology giving excellent results in labia remodeling and sexual satisfaction improvement.
- The Exilis Elite Aesthetic System is a radiofrequency (RF) device used to deliver high energy in a controlled fashion to the dermal/ subcutaneous layers of the skin. Exilis is not a laser.
- A thoroughly trained RF specialist will administer your Exilis Intima treatment. Patients with a pacemaker, metal implants or who are pregnant or nursing may NOT undergo Exilis Intima treatments.
- There is no down time associated with your treatments.
- There is no anesthetic required with your treatments.
- You may continue all medications, supplements and vitamins during your treatment period.
- Skin in the treatment area should be hair free.
- Creams or lotions should not be applied to the skin.
- Comfortable clothing should be worn on the day of your treatment so we can gain access to your treatment area for easy placement of the ground electrode.
- Arrive at your appointment well hydrated.

What to Expect

- Other than a brief period of redness and minor swelling you can get back to your daily routine almost immediately.
- There is no skin peeling, pigment change or prolonged healing associated with its use. The RF energy heats the undersurface of the skin causing collagen remodeling.
- There is no pain associated with your treatment, only a moderate to intense sensation of heat, which tells you that the treatment is achieving its goal.
- The treated skin will become firm and flexible.
- The vaginal area will be rejuvenated and labia size reduced.

Length of Benefits

Best results occur after a series of 4-6 treatments every 7-10 days. In order to see significant results, the Exilis Intima treatment must be administered in this fashion. After the aesthetic response is achieved, retreatment is not expected.

When to Call

- If redness or swelling persist after a few days.
- If you have increasing redness in the treated area.
- If you have an oral temperature over 100.4 degrees.
- If you have any sign of infection, open sores, skin peeling or lumpiness.

For Medical Questions, Please Call (615) 921-2100

Our office is open Monday-Thursday 9:00 AM-5:00 PM and Fridays 8:00 AM-12:00 PM. After hours and on weekends, the answering service will contact Dr. Wendel or the plastic surgeon on call.